

Comment from Partners for Ethical Care regarding new ICD Codes for Detransition:

International Partners for Ethical Care, also known as Partners for Ethical Care or "PEC" (<https://www.partnersforethicalcare.com/>), is a U.S.-based nonpartisan, secular nonprofit group whose mission is to abolish the predatory gender industry and prevent further harm to children and vulnerable adults.

PEC and its Transition Justice Project (<https://www.transitionjustice.org/>) work with detransitioners (those who underwent medical "gender" transition and later regretted it) on a daily basis. Many of these individuals previously had, and to some extent may still have, mental health comorbidities that rendered them vulnerable to social contagions, as well as misrepresentations and downright fraud from unethical health providers that led them to pursue "gender transition." They were able to access cross-sex hormones and surgeries with almost no effort, and with active encouragement by medical authorities.

Yet when these (mostly young) people mature to the point that they realize these "treatments" did not help them, and they seek medical help to more closely resemble their own sex, they are told there is no medical pathway for detransition, or that they are just going through a phase.

Very few physicians or clinics aside from gender clinics are aware that detransition is a fairly common outcome of medical "gender transition." Detransitioners seek help for the myriad medical problems that result from "gender affirming care" but are often met with disbelief or lack of understanding by physicians about the complexities of their medical problems. The fact that there are no diagnostic codes for detransition makes it even more difficult for the individuals who were harmed to seek treatment to reclaim their sex, to the extent it is possible.

Young women who regret having double mastectomies often find that insurance does not cover breast augmentation, even though it covers augmentation for males seeking to "identify as female" and even though it covered their mastectomy in the first place.

Likewise, many males whose breast augmentation was covered by insurance have been told they have to pay out of pocket to have breast implants removed.

These young people who were duped by unethical practitioners are being exploited once again by the same medical industry that caused them harm, this time by the industry's refusal to acknowledge the failure of "transition" treatments, and by attempting to profit from the detransitioners' regret and desire to reclaim what was taken from them.

This is a perverse system that repeatedly rewards the dishonest and unscrupulous medical and mental health personnel who have no regard for patient wellbeing, at the expense of young and vulnerable patients.

For these reasons and many more, we at PEC support the proposal by the medical organization DoNoHarm to establish ICD codes for detransitioners, as follows:

F64.A Gender identity disorder, in remission (desistance)

F64.B Post-transition Distress

Z87.893 Personal history of gender transition, social

Z87.894 Personal history of detransition

Split the current code, "Z87.890 Personal history of sex reassignment" into:

Z87.8901 Personal history of sex reassignment, surgical

Z87.8902 Personal history of sex reassignment, medical

Please consider the plight of young people who were mentally vulnerable and now suffer from physical and mental complications of the very interventions they were told would improve their lives.

Sincerely,

Partners for Ethical Care