



Comment from Genspect Regarding New ICD Codes for Detransition

Genspect is an international organization that brings together parents, health professionals, detransitioners, and allied groups who share a common concern about the medicalization of gender-distressed children and young people. Our focus is on evidence-based, non-medicalized care, the protection of minors, and support for those who regret medical transition. For the past four years, we have recognized International Detrans Awareness Day – most recently hosting an event on Capitol Hill in 2025 – and through our Beyond Trans program, we provide ongoing peer support, therapeutic referrals, and advocacy for individuals who have stopped or reversed medical transition.

In this work we speak regularly with detransitioners who describe the same pattern:

- They encounter doctors who do not understand (and sometimes refuse to learn about) the long-term effects of cross-sex hormones and surgeries with to no little care coordination between providers.
- They are denied insurance coverage for medical treatments and surgical procedures necessary to manage the ongoing effects of life-altering changes to their bodies, including but not limited to reconstructive surgeries, regular health screening, hormone replacement and monitoring based on biological sex even though the original interventions were covered.
- They may face denial of coverage due to transition timing, prior insurance, or sex documented on EHR.
- The absence of specific diagnostic and history codes means their medical reality is not officially recognized, making proper treatment almost impossible to obtain.

Because of this direct experience with hundreds of detransitioned individuals, Genspect strongly supports DoNoHarm Medicine's proposal to create ICD codes that accurately reflect what is happening in clinics and lives every day. We endorse the following new and revised codes:

- F64.A Gender identity disorder, in remission (desistance)
- F64.B Post-transition distress
- Z87.893 Personal history of gender transition, social
- Z87.894 Personal history of detransition

and the subdivision of the existing code:

- Z87.8901 Personal history of sex reassignment, surgical
- Z87.8902 Personal history of sex reassignment, medical

These codes are a modest but essential step. They will enable proper clinical care, fair insurance decisions, and honest tracking of outcomes. Above all, they will end the current practice of pretending that detransition does not exist.

We respectfully urge the CDC's National Center for Health Statistics and the Centers for Medicare & Medicaid Services to adopt these proposals at the earliest opportunity.

Sincerely,
Genspect
www.genspect.org