March 15, 2023

House Judiciary Committee
Delaware General Assembly
411 Legislative Avenue
Dover, DE 19901

Re: Public Comment on House Bill 74

Dear Committee Members,

Thank you for the opportunity to offer comment on House Bill 74 (HB 74), currently pending before your Committee and the Delaware General Assembly.

I am writing to you as a Fellow with the Ethics and Public Policy Center (EPPC) in Washington, DC, where my work focuses on protecting rights of conscience and religious liberty. The views expressed in my comment are my own and do not represent any official position of EPPC. I have also been a civil rights lawyer for nearly twenty years, protecting the First Amendment and statutory rights of religious organizations, and helping public entities advance important governmental interests without violating their constituents’ rights.

Since 1997, Title 16 Section 909 of the Delaware Code has recognized there are two privileges that are so critical to civil society that they should be upheld even in the context of the State’s mandatory reporter law:

No legally recognized privilege, except that between attorney and client and that between priest and penitent in a sacramental confession, applies to situations involving known or suspected child abuse, neglect, exploitation, or abandonment and does not constitute grounds for failure to report as required by § 903 of this title or to give or accept evidence in any judicial proceeding relating to child abuse or neglect.

DEL. CODE ANN. tit. 16, § 909(a) (emphasis added). This section shows that Delaware has long recognized that the attorney client privilege and the clergy penitent privilege have a great deal in common. The United States Supreme Court agrees: both privileges “are rooted in the imperative need for confidence and trust.” Trammel v. United States, 445 U.S. 40, 51 (1980) (emphasis added).

House Bill 74 would leave everything in Section 909(a) intact except the religious part.

It is unusual and concerning that a state would take a law with longstanding parallel allowances for secular and religious practices and then eliminate just the religious one. Federal courts including the Supreme Court have long recognized that it is unconstitutional for government to approve conduct for secular reasons but condemn the same conduct when it is done for religious reasons. To paraphrase the Third Circuit Court of Appeals, HB 74 reflects “a value judgment that secular [] motivations for [maintaining a professional vow of confidentiality] are important enough to
overcome [the government’s] general interest in [stopping child abuse] but that religious motivations are not.” Fraternal Order of Police Newark Lodge No. 12 v. City of Newark, 170 F.3d 359 (3d Cir. 1999) (Alito, J.).

Such value judgments are subject to “the most rigorous of scrutiny.” Church of the Lukumi Babalu Aye, Inc. v. City of Hialeah, 508 U.S. 520, 546 (1993). “A law that targets religious conduct for distinctive treatment or advances legitimate governmental interests only against conduct with a religious motivation will survive strict scrutiny only in rare cases.” Id.

I start with this basic statement on constitutional law because it is important for the General Assembly to understand that if it passed HB 74 into law, that law would be promptly challenged in court. A court would quickly enjoin Delaware from enforcing the law, and the law would later be found unconstitutional.

But that is not the whole story. The reason that HB 74 is unconstitutional is closely linked to the plain fact that it is unnecessary. There might be some theoretical world in which a state might be justified in expressing such a negative judgment toward religion in general, and against the Catholic Church’s sacraments in particular. But Delaware would have to defend HB 74 based on the facts in this world.

Those facts show that HB 74 is, to put it mildly, not well-calibrated to address Delaware’s ongoing, serious problem with child sexual abuse. Between 2005 and 2020, 2,411 children were sexually abused in Delaware. Over the past decade, at least seven Delaware public school teachers have faced criminal charges for sexually abusing children. But there have been zero allegations that a Delaware Catholic priest has sexually abused a child since Section 909(a) was enacted in 1997. Nor are there any allegations that Delaware Catholic priests are using the clergy penitent privilege to keep civil authorities from discovering child abuse. These facts would make it impossible for Delaware to justify its attack on a religious privilege under any standard, let alone the strict scrutiny standard referenced above.

HB 74 not only misunderstands where Delaware’s problem with child sexual abuse lies; it also seems to misunderstand the sacrament of confession in the Catholic Church and the nature of a priest’s commitment to honoring the privacy of what people reveal in confession. As detailed in the attached memorandum, HB 74 would not succeed in forcing Catholic priests to violate one of their most important religious vows. At the same time, there is every reason to believe that HB 74 would have a chilling effect on how Delaware Catholics approach the Catholic sacrament of confession and what they reveal there. It is hard enough to admit your sins in confession; it would be even harder if you feared the State might coerce your priest into betraying your trust. Finally, Catholic priests are already trained to encourage people to approach them outside of the confessional so they can offer

1 See also Section V.A.1. of the attached memorandum for a collection of cases relevant to the constitutionality of HB 74.

2 While HB 74 would affect many religious traditions, the Catholic Church’s size and its much-publicized child abuse crisis usually place it at the center of debates over child sexual abuse and the clergy penitent privilege. As such, my analysis in the attached memorandum focuses on how this bill would affect Delaware Catholics, and why the State does not need to intrude on a Catholic sacrament to protect its citizens. Though I focus on the Catholic Church here, the general rationale and particularly the legal arguments set out in the memorandum’s final section would apply to other religious traditions as well.

3 See Section I of the attached memorandum for more information on the facts set out in this paragraph.
follow-up practical aid—like reporting child abuse—that priests cannot do based on information learned in the confessional alone.

Because the Catholic Church in Delaware has a strong record of protecting children, and because Catholic priests have an unyielding commitment to keeping confessions confidential, HB 74 would not result in any new reported cases of child abuse. Delaware should save the money it would spend on a losing lawsuit defending HB 74 (and paying the other side’s attorney fees) and spend those public funds instead on proven initiatives that will actually help keep Delaware’s children safer.

Jeff Jacoby, columnist for the Boston Globe, put it well in his article last Sunday on the recent slate of bills attacking the clergy penitent privilege:

"Protecting children is a matter of crucial importance. Protecting religious faith is too. It isn’t the job of lawmakers to privilege one of those worthy aims over the other. It is to strive, with care and respect, to do both."  

In the attached memorandum, I explain in detail why I believe that HB 74 is bad public policy, and how the fact that this is bad public policy contributes to its unconstitutionality. The memorandum focuses on five major points:

1. The Catholic Church in the United States and in Delaware is committed to preventing and reporting child abuse;
2. The absolute confidentiality of what is said in the confessional is a longstanding and fundamental part of a Catholic sacrament;
3. The clergy penitent privilege is not “loophole”—it is a venerable part of our legal system, and there is no evidence that the seal of the confessional has contributed to the sexual abuse crisis in the Catholic Church;
4. No existing mandatory reporting law directly attacks the Catholic Church’s sacraments as would HB74, and
5. A mandatory reporting law that eliminates the clergy penitent privilege would likely be found unconstitutional.

To be clear, I do not represent and cannot speak for the Diocese of Wilmington. However, I have over my career worked with and represented dozens of Catholic dioceses, as well as the United States Conference of Catholic Bishops. I believe that my testimony here accurately represents the Catholic Church’s positions on the matters now before the General Assembly, including the Church’s commitment to combating child abuse and its commitment to respecting the privacy of what people reveal in the sacrament of confession.

The bottom line is that there are good reasons why the vast majority of states have decided that they can both protect children from abuse and respect their citizens’ religious exercise. There are good reasons why every bill in the last twenty years that has sought to invade the clergy penitent

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privilege has failed. And there are good reasons why no court has ever upheld a law or a state action that undermines the clergy penitent privilege.

I hope that the background information provided here is helpful to your Committee and the Delaware General Assembly as you deliberate over proposed changes to the State’s mandatory reporter law. Please let me know if I may be of any further assistance to you in this matter.

Sincerely,

Eric N. Kniffin
Fellow, Ethics & Public Policy Center

CC:  

MEMORANDUM

TO: Delaware General Assembly, House Committee on Judiciary

FROM: Eric Kniffin, Fellow, Ethics and Public Policy Center

DATE: March 15, 2023

SUBJECT: Background Information Related to House Bill 74

INTRODUCTION

Thank you for the opportunity to offer public comment on House Bill 74 (HB 74), currently pending before the Delaware General Assembly and the House Committee on the Judiciary.

At present, Delaware’s mandatory reporter law is in line with the vast majority of states. Clergy are mandatory reporters under DEL. CODE ANN. tit. 16, § 903, which requires “[a]ny person, agency, organization or entity who knows or in good faith suspects child abuse or neglect” to file a report under Section 904 of the same title. Delaware also recognizes that some privileges are so critical to civil society that the duty to report is suspended under narrow circumstances. First, the duty to report yields to the “privilege . . . between attorney and client.” Id. § 909(a). Second, Delaware states that priests’ duty to report does not apply to communications “between priest and penitent in a sacramental confession.” Id. Delaware has decided that no other privileges are as important as these two.

House Bill 74, introduced by Representative Eric Morrison on March 2, would amend Section 909 to remove one of these two privileges. The bill would leave the secular privilege untouched. But it would eliminate the religious privilege altogether.

If HB 74 were enacted, it would make Delaware’s mandatory reporter law an extreme outlier. No existing mandatory reporter law explicitly overrules the clergy penitent privilege while leaving the attorney client privilege untouched. Based on my experience as a religious liberty lawyer, I am confident that enacting HB 74 would set Delaware up for a civil rights lawsuit that I am confident it would lose.

This is not the best way to advance the State’s interests in protecting children and bringing sexual predators to justice. A bill like HB 74 that explicitly discriminates against religion could only be justified on the basis of very specific findings which are altogether lacking in this instance. For the reasons set out in the analysis below, HB 74’s attack on religious exercise is unwarranted, unprecedented, and unconstitutional.

I am writing to you as a Fellow with the Ethics and Public Policy Center in Washington, DC, where my work focuses on protecting rights of conscience and religious liberty. The views expressed in my
testimony are my own and do not represent any official position of EPPC. I have also been a civil rights lawyer for nearly twenty years, helping vindicate the First Amendment and statutory rights of religious organizations, and helping governmental bodies advance their interests without violating their constituents’ rights.

While HB 74 would affect many religious traditions, debates over child sexual abuse and the clergy penitent privilege usually focus on the Catholic Church. As such, my analysis focuses on the progress the Catholic Church has made since its problems with child sexual abuse hit the headlines in 2002, as well as how HB 74 would affect the Catholic Church in Delaware and the State’s Catholic citizens. Other religious traditions that offer confidential means of confessing sins would be able to present similar stories and would be able to raise similar religious liberty claims.

I do not represent and cannot speak for the Catholic Diocese of Wilmington or any other Catholic entity in Delaware. However, I have over my career worked with and represented dozens of Catholic dioceses and the United States Conference of Catholic Bishops. I believe that my testimony here accurately represents the Catholic Church’s positions on the matters now before the General Assembly, including the Church’s commitment to combat child abuse and its commitment to respecting the private nature of what is said inside the confessional.

The memorandum begins in Section I by demonstrating that the Catholic Church—in the United States and in Delaware in particular—is committed to preventing and reporting child abuse. Delaware’s only Catholic Diocese, the Diocese of Wilmington, has taken extensive steps to develop policies and procedures to educate employees, volunteers, and youth about issues related to sexual abuse. It has taken steps to make it easier for people to report sexual abuse. The Diocese has also developed policies and related training programs that require priests and others who work with children to report suspected child abuse to civil authorities, except when priests are precluded from doing so by their vow to keep confessions confidential.

Section II explains how the Catholic sacrament of penance works, focusing particularly on one aspect of this sacrament: the religious obligation Catholic priests are under to keep all confessions confidential, sometimes called the “seal of the confessional.” This section shows how the Catholic Church’s canon law describes this obligation and the serious penalties it sets out for priests who break this sacred trust. This requirement has been a part of the Catholic tradition for more than 1500 years. The seriousness with which Catholics take this requirement is reflected in the much-celebrated stories of priests that have withstood torture and death rather than break the seal of the confessional. Finally, this section outlines practical approaches priests can take to both respect the seal of the confessional and promote justice and healing for abuse victims outside of the sacrament.

Section III argues that it is deeply misleading for the Associated Press and others to refer to the clergy penitent privilege as a “loophole.” This privilege has been part of the American legal system for over 200 years. The United States Supreme Court has recognized that the clergy penitent privilege serves critical privacy interests, just like the attorney client privilege. Moreover, despite intense scrutiny over the past twenty years, I am not aware of any documented case where the Catholic Church’s seal of the confessional has prevented or delayed government from helping an abuse victim or bringing an abuser to justice.
Before this Committee takes any further steps toward abridging a central practice of the Catholic faith, it should push through the rhetoric and consider the facts on the ground. The Catholic Church’s guarantee that the confessional is a safe place to unburden one’s soul has not been used as a shield to protect sexual predators. The available evidence shows that there is no public need—in Delaware or elsewhere—that would justify invading the religious practices of the Catholic Church and Delaware’s Catholic citizens.

Section IV looks closely at the claim that HB 74 would be unremarkable because many other states have already prioritized clergy’s duty to report abuse over the state’s clergy penitent privilege. While there are only six states that deny the penitential privilege in cases of child abuse or neglect, and only one that has done so explicitly. If HB 74 should pass, Delaware law would be more extreme than any other state law by explicitly denying the penitential privilege while explicitly maintaining a secular corollary, the attorney-client privilege. No bill meeting this description has ever been passed.

Finally, Section V examines case law that strongly suggests that HB 74 would be unconstitutional under the U.S. Constitution. By privileging secularly motivated confidential communications over religiously motivated confidential communications, this bill would violate the Free Exercise Clause. Given that more than forty states have found ways to address child abuse without criminalizing a sacrament of the Catholic Church, it is highly likely that HB 74 would not pass strict scrutiny. Further, the right of a Catholic priest to offer the sacraments and the right of Catholics generally to receive the sacraments are among the fundamental rights and liberties protected by the Fourteenth Amendment.

For all these reasons, I urge the Committee and the Delaware General Assembly to vote against HB 74 in its present form.
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I. **The Catholic Church in the United States and in Delaware is committed to preventing and reporting child abuse.**

Many religious traditions include confidential penitential communications that would be impacted should the Delaware General Assembly pass HB 74 into law. However, as conversations about the privilege generally center on the Catholic Church, and given that I have more experience representing Catholic entities than other potentially-affected religious groups, my analysis will focus there.

At the start, it is important that the House Committee on the Judiciary understand that the Catholic Church supports efforts to protect children from child abuse and neglect. While the sexual abuse crisis in the Catholic Church has been tragic, any fair accounting must recognize the extraordinary steps the U.S. Catholic Church has taken to address its past failures, to assist victims, to promote healing, and to prevent future abuse. The John Jay College of Criminology found in 2011 that “No other institution [besides the Catholic Church] has undertaken a public study of sexual abuse” and urged other organizations to “follow suit.”

The Catholic Church’s efforts to prevent child abuse is evident at the national level and in Delaware, where the Diocese of Wilmington has cooperated with independent audits and requires priests and other Church personnel to report suspected abuse both internally and to civil authorities.

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1 Copies of the authorities cited in this memorandum are on file with the author and available on request.

2 Although debates over the clergy-penitent privilege typically focus on the Catholic Church, many other religious traditions also include penitential communications that clergy are obliged to keep secret. For example:

- The Orthodox Christian Church: (“[T]he need to maintain the secrecy of confession comes from the fact that the priest is only a witness before God. One could not expect a sincere and complete confession if the penitent has doubts regarding the practice of confidentiality.”) Orthodox Church in America, Guidelines for Clergy Compiled under the Guidance of the Holy Synod of the Orthodox Church in America at 14 ¶ 6, [https://oca.org/PDF/official/clergyguidelines.pdf](https://oca.org/PDF/official/clergyguidelines.pdf).


- The Episcopal Church: (“In some states, the priest may be asked by a court of law to divulge information but must refuse even though this may lead to imprisonment.”) The Episcopal Church, An Episcopal Dictionary of the Church: Seal of Confession, [https://www.episcopalchurch.org/library/glossary/seal-confession](https://www.episcopalchurch.org/library/glossary/seal-confession); and

- Christian Science: “[M]embers of this Church shall hold in sacred confidence all private communications made to them by their patients.” “A failure to do this shall subject the offender to Church discipline.” Mary Baker Eddy, The First Church of Christ Scientist: Manual of the Mother Church at 46.

A. The Catholic Church in the United States has undertaken important reforms to hold itself accountable and protect children.

In June 2002, the United States Conference of Catholic Bishops (USCCB) responded to the abuse crisis in the Catholic Church by establishing the Charter for the Protection of Children and Young People. The Charter offers a comprehensive set of procedures for addressing allegations of sexual abuse of minors by Catholic clergy. The Charter also includes guidelines for reconciliation, healing, accountability, and prevention of future acts of abuse.

Pursuant to this Charter, the Catholic Church in the United States has established the Committee for the Protection of Children and Young People and its Secretariat of Child and Youth Protection. The Catholic Church has also established the National Review Board, an outside advisory board of lay people, male and female, tasked with helping the USCCB prevent the sexual abuse of minors. The USCCB also commissions annual reports of all US dioceses, conducted by an outside consulting firm, which collects data and performs on-site audits of dioceses and parishes.

At the ground level, Catholic dioceses and parishes are committed to providing safe-environment training for youth and adults that participate in Church programs, and to performing background checks on clergy, candidates for ordination, educators, employers, and volunteers who minister to children and young people. The USCCB’s 2021 Annual Report, released in May 2022, summarizes the Church’s efforts in these areas from 2014 to the present.

The statistic that matters most, of course, is whether the Catholic Church’s efforts have helped protect kids. By all measures, they have. The 2021 Annual Report found that U.S. received 968 new credible allegations of sexual abuse of a minor by a diocesan priest or deacon between July 1, 2020,

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and June 30, 2021. But of these 968, almost all reports were from adults reporting incidents from decades ago; only eight (0.8 percent) involved children that were under the age of 18 in 2021.10

Collective data from 2004 to 2021 show the same picture. Of the allegations received over this entire span, only 4% of alleged offences occurred or began after 2000.11

These statistics show that the Catholic Church in the United States has made a great deal of progress over the past twenty years, and also that there is much more work to do. As the USCCB President, Archbishop Jose Gomez of Los Angeles said last summer, the Catholic Church in the United States affirms Pope Francis’ commitment “that everything possible must be done to rid the Church of the scourge of the sexual abuse of minors and to open pathways of reconciliation and health for those who were abused.”12

Without excusing the Catholic Church’s failures, it is important to recognize that by all accounts sexual abuse is not just a Catholic problem but a huge epidemic that touches every major institution

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10 Id. at 37.
11 Id. at 48.
in society. Public schools, private schools, Protestant churches, Boy Scouts, Olympic teams, Hollywood, and major universities all have had major abuse scandals in recent years.

In Delaware too, sexual abuse is an important ongoing concern. Between 2005 and 2020, 2,411 children were sexually abused in Delaware. Over the past decade, at least seven Delaware public school teachers have faced criminal charges for sexually abusing children.


By contrast, the first John Jay study found 10,667 sexual abuse allegations against priest and deacons over a much longer timeframe, 1950 to 2002.

Based on these numbers, the DOE study’s author said that “the physical sexual abuse of students in schools is likely more than 10 times the abuse by priests.”


Saranac Hale Spencer, *Teacher misconduct tracked, but not shared with public*: The Delaware Department of Education won’t reveal what’s led to teacher discipline, Delaware Online, Feb. 14, 2016, https://www.delawareonline.com/story/news/2016/02/14/delaware-isnt-transparent-reporting-bad-teachers/80219492/ (There have been a spate of arrests in the last couple of years of educators accused of sexual misconduct, said Terri Hodges, president of the Delaware PTA, referring to the recent arrests of Jerry Shorts, a Newark gym teacher who lost his license in 2014; Stephanie Seabury, a Dover middle school teacher who lost her license in 2014; Jennifer Suarez, a Smyrna high school teacher and cross country coach who lost her license in 2014; and Edward Husbands, a Milford assistant elementary school principal who lost his license in 2015.; Randall Chase, Ex-CR coach faces at least six years for child sex abuse, Delaware Online, https://www.delawareonline.com/story/news/crime/2016/02/26/former-caeser-rodney-coach-plead-guilty-sex-abuse/80976836/ (“Richard ‘Dickie’ Howell II” “a former high school teacher and wrestling coach charged with sexually abusing a female student faces at least six years in prison after pleading guilty Friday to two felony counts.”); Esteban Parra, Teacher at a Wilmington school Charged with raping a student, Delaware Online, July 18, 2022, https://www.delawareonline.com/story/news/2022/07/15/teacher-wilmington-school-charged-raping-student-high-road-school-james-garfield/65374836007/ (“James L. Garfield, who taught at High Road School of Delaware, was arrested Friday at his Elsmere-area home and charged with two counts of third-degree rape with a victim under the age of 16.”); Former Delaware high school teacher sentenced for raping student, 6ABC Action News, Dec. 1, 2022, https://6abc.com/delcastle-technical-high-school-former-teacher-charged-james-berman-rape/12515678/ (“A former high school teacher in Wilmington, Delaware was sentenced this week for raping a former student. James Berman, 50, pleaded guilty to two counts of fourth-degree rape and will serve six years behind bars.”);
Moreover, the Catholic Church’s record on sexual abuse since the turn of the century has greatly improved. The broader world has taken notice of the great strides the Catholic Church has taken to address and prevent the sexual abuse of minors. Even institutions that are generally critical of the Catholic Church and hostile to its worldview have lauded the efforts the Catholic Church has taken in response to the abuse crisis.

For example, in 2016, the New York Times’ national religion correspondent, Laurie Goodstein, spoke to how the Catholic Church has changed in the years she had been covering the abuse scandal. Ms. Goodstein credited the Catholic Church for taking huge steps to address abuse and acknowledged that new reports had dropped precipitously.17

A 2012 article in Psychology Today marking the beginning of the Penn State child abuse trial said that Penn State could learn a lot from the Catholic Church:

*Only the Roman Catholic Church has undertaken an extensive and comprehensive research study to investigate institutional child sexual abuse* (see the John Jay studies, 2004 and 2011). The crisis in the Catholic Church has led to a decade of research, policies, and procedures to keep children safe within the Church. Much can be learned from this decade of crisis and *other organizations can take a page from the Church’s playbook to help keep children safe within their organizations*. The crisis in the Church created a tipping point to ensure that all of the best science and clinical practices comes into play to make sure that children are safe and that those who might harm children are not allowed access to potential victims. Penn State is learning these lessons now as are other institutions that service youth. Now, if we can get everyone to follow these state-of-the-art policies and procedures then no child will be abused in the future.18

B. The Catholic Church in Delaware is likewise committed to accountability and reporting suspected abuse to civil authorities.

Delaware’s only Catholic diocese, the Roman Catholic Diocese of Wilmington, is an active participant in the Catholic Church’s efforts to protect children. The previous section described the USCCB’s ongoing commitment to having an independent auditor collect data and perform on-site audits of Catholic dioceses each year. The Diocese of Wilmington cooperated with the independent auditor’s on-site review in 2021, and was found to be in full compliance.19

The Diocese has adopted detailed policies and procedures governing allegations of the sexual abuse of minors.20 It has also established a webpage, “For the Sake of God’s Children,” that includes a

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wealth of information including: Diocesan policies on background checks for Church personnel, ethical and behavioral standards for Church personnel, and safe environment training for Church employees, volunteers, and children to help them identify warning signs and develop strategies for protecting children. The Diocese has a designated Victim Assistance/Safe Environment Coordinator to receive reports, accompany victims, and assist parish and school personnel with safe environment training and background screenings. Finally, the Diocese has established a volunteer independent Review Board to review cases and make recommendations to the bishop.

Through these programs, the Diocese of Wilmington has screened and cleared 374 clergy and religious brothers and sisters, and 11,382 active volunteers and employees. It has also provided safe environment/child abuse prevention education to 13,765 students.

Through the Diocese’s diligence and by the Grace of God, there has not been a reported incident of clergy sexual abuse in the Diocese since 1992, over thirty years ago.

II. The absolute confidentiality of what is said in the confessional is a longstanding and fundamental part of a Catholic sacrament.

It is also important for the members of the House Committee on the Judiciary and the Delaware General Assembly to understand that a Catholic priest’s refusal to disclose anything that is spoken during the sacrament of penance is deeply rooted in the Catholic Church’s laws and tradition. Furthermore, this privilege has always existed to protect those who confess their sins to God—not to protect the institutional Church or a sexual abuser.

This section provides an overview of the Catholic sacrament of penance, often simply called confession, and shows what the Catholic Church’s canon law says about a priest’s absolute obligation to maintain confidentiality. It also shows that this obligation has been a constant in the Catholic Church since its earliest centuries and a universal law of the Church for 800 years. The Church’s commitment to maintaining the privacy of the confessional is shown most clearly through the stories of heroic priests who have been faithful to their vows even under threat of torture and death. Finally, this section outlines practical approaches that Catholic bishops, priests, and seminaries have developed and taught to help priests hearing confessions balance their obligation to respect privacy with their pastoral efforts to help abuse victims seek justice and healing.

I hope this background information will also help Legislators understand that the Catholic Church’s longstanding and unwavering commitment to protecting the privacy of what people reveal in the confessional is not a scheme used to protect the Catholic Church from scrutiny but a sacred promise that protects individual privacy and gives individual Catholics the confidence necessary for them to unburden their souls before God. I hope this section—especially the examples at the end of priests

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23 Id.
24 Id.
25 Id.
who accepted death rather than reveal someone’s confession—shows that it would be futile for the State to try to force Catholic priests to violate the seal of the confessional.

A. An overview of the Catholic sacrament of penance.

Before voting on a bill that would impinge on a central practice of the Catholic faith, it may be helpful for Committee members to understand what the Catholic practice of going to confession entails.

Saint Paul says in the book of Romans that “all have sinned and fallen short of the glory of God.” The Catholic Church teaches that sin damages a person’s relationship with God and with the Church. The Church teaches that sinners cannot repair this damage on their own, but must rely on God’s grace:

Grace is favor, the free and undeserved help that God gives us to respond to his call to become children of God, adoptive sons, partakers of the divine nature and of eternal life.

The Catholic Church teaches that while God pours out his grace upon his creation in countless ways, he established seven sacraments (or “mysteries”) as established channels through which the Church makes this grace available to Christians:

The purpose of the sacraments is to sanctify men, to build up the Body of Christ and, finally, to give worship to God. . . . They not only presuppose faith but by words and objects they also nourish, strengthen, and express it.

One of these sacraments is the sacrament of penance. This sacrament or mystery is rooted in Jesus’ charge to his disciples, recorded in John 20:23: Jesus breathed on his disciples “and said to them, ‘Receive the Holy Spirit. If you forgive the sins of any, they are forgiven.’”

Though the Catholic priest is the minister of the sacrament, the Catholic Catechism is clear that “Only God forgives sins.” Priests, like Jesus’ first apostles, “are sent out ‘on behalf of Christ’ with ‘God making his appeal’ through him and pleading: ‘Be reconciled go God.’”

Although the priest acts as an instrument, confession is fundamentally about the encounter of the penitent Christian with God; he admits his sins to God and through the

26 Romans 3:23.
27 Catechism of the Catholic Church ¶ 1440.
28 Id. ¶ 1996.
29 Id. ¶ 1123.
30 Id. ¶ 1441.
31 Id. ¶ 1442 (quoting 2 Cor 5:20).
priest receives God’s absolution. It is a privileged moment in which a person reveals the deepest part of his conscience to God.\textsuperscript{32}

Under canon law, all Catholics are required to go to confession at least once a year.\textsuperscript{33}

Every Catholic parish has posted times set aside for confession. During these set times, priests typically sit in a small room called a “confessional” and hear the confessions of many people, one at a time, for an hour or more. Although in recent years many priests offer people the opportunity to make a confession “face to face,” where both the priest and penitent sit facing each other a few feet away, canon law requires that people be given the option to confess their sins anonymously, with a fixed grille or screen between the penitent and the priest.\textsuperscript{34}

Catholics are free to confess to any priest at any parish.\textsuperscript{35} While many Catholics already know the confession times at their own parish, the internet makes it easy for Catholics to look when confession is available at other parishes, any day of the week. Catholic dioceses’ websites, parish websites, and other resources like MassTimes.org make it easy for Catholic to find a nearby parish and convenient confession times.

When someone enters the confessional and closes the door, the person is greeted by the priest and then the priest and penitent together make the Sign of the Cross, saying: “In the name of the Father, the Son, and the Holy Spirit.”\textsuperscript{36} The priest then invites the penitent to have trust in God, sometimes citing a passage from the Bible that proclaims God’s mercy and calls man to conversion.

The penitent then beings the confession with these or similar words: “Bless me, Father, for I have sinned. It has been (give days, months, or years) since my last confession.” The penitent then states in simple terms all the serious sins that he or she can recall having done since his or her last confession. If someone is unsure what to say, he or she can ask the priest for help. Catholic parishes also generally have published guides available to help people examine their consciences and think through what it is that they need to confess to God.\textsuperscript{37} Once the penitent is done listing his or her sins, the penitent concludes by saying, “I am sorry for these and all my sins,” or something similar.


\textsuperscript{33} Code of Canon Law, Canon 989.

\textsuperscript{34} Canon 964 § 2.

\textsuperscript{35} See, e.g., Canon 969 § 1 (bishops generally grant priests the faculty “to hear the confessions of any whomsoever of the faithful”).

\textsuperscript{36} For an overview of the steps and prayers of the sacrament of penance, see Rite for Reconciliation of Individual Penitents, Congregation for Divine Worship. For a video overview of the sacrament, see Ascension Press, CHOSEN: Lesson 10, Seg. 3, The Power of Confession, YouTube (Dec. 17, 2013), https://youtu.be/_C4hGM3ltKk.

The priest then offers some spiritual guidance or encouragement before proposing an act of penance. An act of penance is generally a prayer or a charitable act that is intended to demonstrate the penitent’s desire to love God and others better.\(^{38}\)

The priest will then invite the penitent to say an act of contrition. Many Catholics have memorized an act of contrition; otherwise, confessional generally have a short prayer printed out for use. A common prayer is as follows:

> My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You whom I should love above all things, I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

In the place of a more formal prayer, someone might simply say, “Lord Jesus, have mercy on me, a sinner.”

Once the penitent has finished the act of contrition, the priest blesses the penitent and says a prayer absolving or forgiving the penitent of his or her sins:

> God, the Father of mercies, through the death and resurrection of his Son has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sins; through the ministry of the Church may God give you pardon and peace, and I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit.

After the absolution, the priest says, “Give thanks to the Lord, for he is good.” The penitent answers, “His mercy endures forever.” The priest then says, “The Lord has freed you for your sins. Go in peace,” or something similar. A confession typically takes less than five minutes.

### B. The Catholic Church absolutely prohibits priests from disclosing anything that is said in the confessional.

It is also important for Committee members to understand that a priest’s refusal to disclose anything said during the sacrament of penance is deeply rooted in the Catholic Church’s tradition and laws. This solemn obligation has been a constant in the Catholic Church since its earliest centuries and has been a universal law of the Church for 800 years. The Church’s rules, and the theology behind these rules, make clear that promise of confidentiality is there to protect the sacred encounter between a repentant sinner and God, not to protect the Church.

1. Priests that break the seal of the confessional are automatically excommunicated.

Much like a political entity like a state or nation, the Catholic Church has its own set of laws, called canon law. Canon law is a set of ordinances and regulations made by ecclesiastical authority for the government of the Catholic Church and its members. In the Latin or Western Church, the governing code is the 1983 Code of Canon Law.

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\(^{38}\) See Catechism ¶ 1460.
Book IV, Part I of the Code of Canon Law covers the Catholic Church’s seven sacraments. Title IV of this part, canons 959 to 997, covers the sacrament of penance, also known as the “sacrament of reconciliation” or simply “confession.”

Canon law says that the seal of the confessional is “inviolable.” Canon 983 § 1. It is “absolutely wrong for a confessor in any way to betray the penitent, for any reason whatsoever, whether by word or in any other fashion.” Id. The Latin word nefas, here translated “absolutely wrong,” has no direct equivalent in English. It conveys that the breaking the seal of the confessional would be wickedly sinful and cannot be permitted under any circumstances.

The penalty for violating the seal of the confessional is excommunication. Canon 1388 § 1. The code states that this penalty applies “latae sententiae,” which means that it applies automatically when a priest violates the seal of the confessional, without any need for any penal process. Canon 1314.

Excommunication is the most serious penalty that the Catholic Church can inflict on one of its members. An excommunicated person is forbidden:

- from saying the mass or any other ceremony of public worship;
- from celebrating any sacrament;
- from receiving any sacrament; and
- from exercising any ecclesiastical offices, ministries, functions or acts of governance.

Canon 1331 § 1.

Violating the seal of the confessional is so serious that the Catholic Church puts it in a select category of offences where the excommunication can only be lifted with special permission from the pope. Id. Other crimes in this category include desecrating the blessed sacrament, canon 1367, and physically assaulting the pope, canon 1370.

Father John Paul Kimes, a Catholic priest and professor at Notre Dame Law School, served as a canon lawyer for over a decade in a Vatican office that deals with priests who are guilty of such crimes. He has explained why it is that the Catholic Church takes the violation of the seal of the confession so seriously:

> In Catholic theology, there is no moment in the life of the faithful in which they are more spiritually vulnerable than in the act of confession, when we take our deepest secrets and lay them bare before a priest who represents Christ.

> It’s a moment of supreme intimacy. We use the term confidentiality a lot, but it sacramentally goes well beyond confidentiality. The seal is only defined as being

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inviolable. With a confidentiality requirement, there’s always a workaround. With the sacramental seal, there’s no work around. It is absolutely inviolable, because of the vulnerability of the penitent in that moment.41

The Church’s teaching on the seal of the confessional also appears in the Catechism of the Catholic Church, a one volume summary of Catholic teaching:

Given the delicacy and greatness of this ministry and the respect due to persons, the Church declares that every priest who hears confessions is bound under very severe penalties to keep absolute secrecy regarding the sins that his penitents have confessed to him. He can make no use of knowledge that confession gives him about penitents’ lives. This secret, which admits of no exceptions, is called the “sacramental seal,” because what the penitent has made known to the priest remains “sealed” by the sacrament.42

2. The seal of the confessional is deeply rooted in Catholic theology and history.

The Catholic Church’s rules prohibiting priests from disclosing anything learned in the confessional are deeply rooted in its theology and history, and have been a universal rule since the Fourth Lateran Council in 1215:43

- The Decretum, a collection of edicts of previous councils and other ecclesiastical laws published about 1151, states:
  
  Let the priest who dares to make known the sins of his penitent be deposed. And during all the days of his lifetime let him continue as an ignominious wanderer. Id.

- Canon 21 of the Fourth Lateran Council (1215) made the obligation of secrecy a universal rule:
  
  Let the priest absolutely beware that he does not by word or sign or by any manner whatever in any way betray the sinner. . . . For whoever shall dare to reveal a sin disclosed to him in the tribunal of penance we decree that he shall be not only deposed from the priestly office but that he shall also be sent into the confinement of a monastery to do perpetual penance. Id.

- The catechism of the Council of Trent (1556) reassured Catholics that priests were required to keep their confessions secret:
  
  Since each one is most anxious that his sins and defilements should be buried in oblivion, the faithful are to be admonished that there is no reason whatever to apprehend that what is made known in confession will ever be revealed by the priest to anyone, or that by it the penitent can at any time be brought into danger of any sort. The laws of the Church threaten the severest penalties against any priests who

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42 Catechism of the Catholic Church ¶ 1467.

would fail to observe a perpetual and religious silence concerning all the sins
confessed to them.44

- The catechism of Pope Pius X (1908) reaffirmed that “the confessor is bound by the seal of
confession under the gravest sin and under threat of the severest punishments both temporal
and eternal.”45

C. Priests have been tortured and killed rather than break the seal of the
confessional.

It is no secret that Catholics represent a broad spectrum of perspectives on a wide view of political
and social issues. But there are certain convictions that all Catholics share. One of those undoubtedly
is the conviction that priests must prioritize the obligation to hear people’s confessions above all else
and must keep people’s confessions secret at all costs.

Father Pius Pietrzyk, a Catholic priest and professor of canon law, has testified, “I know priests all
along the theological and ideological spectra, none of them would ever consider breaking the seal of
the confessional.”46 Deeply engrained in each Catholic priest is the conviction that he should rather
face torture and death than betray the seal of the confessional.

Bishop Robert Barron, a popular Catholic speaker and author, has shared what he was taught about
the seal of confession in seminary:

I realize that non-Catholics and nonbelievers might not appreciate how precious the
sacrament of Confession is to Catholics and why the seal of Confession matters so
profoundly. In my last year in the seminary, my classmates and I took a course in the
theology and practice of the sacrament of Reconciliation (to give it its proper title). Our
professor said something that has stayed with me for the thirty-three years of my
priesthood, burned into my mind and soul. He told us, “If someone asks, ‘Father, would
you hear my confession?’ , the answer is always yes. Even if hearing that confession puts
your own life in danger, the answer is always yes.” And he went on, “If a person
inquires about what was said during a confession, you should act as though the
confession never even happened. And if doing so puts your own life in danger, you
should still act as though the confession never happened.”47

This teaching is more than mere rhetoric. Many Catholic priests have indeed given their lives instead of
revealing the contents of the confessions they have heard. The Catholic Church celebrates these priests as
heroes of the faith, as saints and martyrs. Their stories are important for several reasons. First, these

45 Brian Fraga, Why priests refuse to break the seal of confession, OSV Newsweekly, May 15, 2019,
https://www.osvnews.com/2019/05/15/the-seal-of-confession/.
46 Fr. Pius Pietrzyk, California bill targets Catholic priests first, but rights of all religions are at risk, USA Today, April 28, 2019,
https://www.usatoday.com/story/opinion/voices/2019/04/28/california-religious-freedom-catholic-sex-abuse-
column/3574921002/.
47 Bishop Robert Barron, It’s time for Catholics (and all religious people) to wake up: the real danger posed by the California confession
bill, May 7, 2019 (emphasis added), https://www.wordonfire.org/resources/article/its-time-for-catholics-and-all-religious-
groups-to-wake-up-the-real-danger-posed-by-the-california-confession-bill/.
stories offer comfort to individual Catholics, who know that they can be brutally honest in confession because priests would never divulge what is said in the confessional, no matter what. Second, these stories inspire and emboldened priests to follow their example. Finally, this proud tradition is a heads up to the General Assembly that curtailing the priest-penitent privilege would not succeed in forcing priests to break their religious vows. It would merely succeed in turning priests into martyrs.

These martyr priests include:48

- **St. John Nepomucene**, a late-fourteenth-century priest and confessor to Queen Johanna of Bohemia, in the modern-day Czech Republic.
  
  Her husband, King Wenceslaus IV, was known for his paranoia, anger, and jealousy-driven outbursts. The King suspected his wife was unfaithful and demanded that St. John tell him what she confessed. The priest refused to betray the queen, even as the king threatened to torture him. On March 20, 1393, at the king’s orders, St. John was burned, thrown off a bridge, and drowned in the Vltava River.
  
  His body was found the next day and the people immediately revered him as a saint for considering the seal of the confessional more important than his life. St. John of Nepomuk is considered the first martyr of the seal of the confessional.

- **St. Mateo Correa Magallanes**, a priest in Mexico during the Cristero War.
  
  In 1927, the priest was arrested by federal army forces. A few days later, a military general sent Father Correa to hear the confessions of a group of rebels sentenced to die. After Father Correa finished administering the sacrament and encouraging the men to die honorably, the general demanded that the priest reveal what he had heard.
  
  Father Correa refused to violate the seal of the confessional. When the infuriated general threatened to shoot him, the priest responded “You may do so, but you ignore the fact, General, that a priest must keep the secret of confession. I am ready to die.”
  
  At dawn the next day, a group of soldiers took Father Correa to the edge of a graveyard, where he was killed in a hail of bullets. Father Correa was canonized by St. John Paul II in the year 2000.

- **Fr. Felipe Císcar Puig**, a priest during the Spanish Civil War.
  
  During the Spanish Civil War, revolutionary and republican forces engaged in violent battles for power, often targeting Catholics for religious persecution. In 1936, Fr. Felipe Císcar Puig was swept up in a raid and imprisoned. There, a Franciscan friar named

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Andrés Ivars asked Fr. Císcar to hear his confession before the friar faced the firing squad.

Prison officials tried to force Fr. Císcar to reveal what the friar had said. But Fr. Císcar replied, “Do what you want but I will not reveal the confession. I would die before that.” The priest was then hauled away before a sham court, where he again insisted that he would die before he would betray the friar’s confession.

On September 8, 1936, Father Císcar and Friar Andrés Ivars were put before a firing squad. Fr. Císcar was beatified in 2007.

- **Fr. Fernando Olmedo Reguera**, another priest during the Spanish Civil War.

  Fr. Fernando Olmedo Reguera was a Spanish priest in the Capuchin Order of Friars Minor. In 1936 he was arrested and imprisoned. Fr. Olmedo found a new ministry caring for the souls of his fellow prisoners, convincing many to make peace with God by confessing their sins.

  Prison officials pressured him to reveal what the prisoners had confessed, but Fr. Olmedo refused. For his defiance, Fr. Olmedo was hauled before a populist tribunal, convicted, and killed by a firing squad. Fr. Olmedo was beatified by the Catholic Church in 2013.

D. **The seal of the confessional does not prevent priests from promoting justice and child safety through other means.**

Though the seal of the confessional is absolute, that is not to say that what is revealed within the sacrament can never lead to external actions or conversations. It may be helpful for the General Assembly to know that Catholic bishops, priests, and seminaries have given careful thought to how they can honor the confidentiality the sacrament requires and also fulfill their obligations to promote justice and child safety.

Canon lawyer Father John Paul Kimes emphasizes that the tension between protecting children and respecting religion is “not a binary choice”:

There are ways to do both at the same time, and to see it as a zero-sum game, I think, is horribly reductive. . . . It’s not that I cannot protect the sacramental life of the church and the child at the same time. They should not be seen in opposition to each other. There are things that I can do, there are ways that I can work with the victim, to provide protection to the victim, while still maintaining the integrity of the sacramental life of my faith tradition.49

During confession, a priest can implore the penitent to come to him later and raise a subject mentioned in the sacrament in a different context. *Outside the confessional*, a priest can then help a

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domestic victim find support, connect an unemployed person with job prospects, or report sexual abuse to the civil authorities. Father Kimes explains:

[I]f the victim comes to me [outside of the confessional] and says, Father, I’ve been sexually abused, it was done by so-and-so, there are things that I can do to help the victim. . . . There’s nothing that prevents me from helping that person contact the authorities.50

Many Catholic dioceses already train their seminarians that, if they hear of abuse during a confession, the priest should encourage the penitent to repeat the confession to him later so the priest can make a report to civil authorities.

A priest has even more options if a perpetrator admits abuse as part of his confession. Contrition is a critical part of any confession. For that reason, a priest can withhold absolution (the proclamation that God forgives the penitent) if the priest suspects that a confession is insincere or that the sinner is unwilling to reform. “The priest doesn’t wave a magic wand,” said Fr. Pietrzyk. “The Catholic understanding is that for the confession to be truly valid, the priest has to believe that the person is truly contrite.”51

Sometimes a priest may require someone to take an action outside of the confessional in order to demonstrate that he is sorry for his sins and wants to change. Father Kimes explains:

I can say, “I can’t forgive your sins until you show me a sign that there’s a genuine conversion of heart. The best way to manifest that is for you to go to the police and tell them what you did. Regardless of the consequences, if you were concerned about the salvation of your soul, this is the way you show it.”52

Fr. Kimes’ and Fr. Pietrzyk’s testimony each speaks to the careful thought that bishops, priests, and seminary professors continue to give to how to both protect the confidentiality of the confessional and to use their ministry to help sexual abuse victims find healing and justice.

III. The clergy penitent privilege is not a “loophole”: it is a venerable part of our legal system, and there is no evidence that the seal of the confessional has contributed to the sexual abuse crisis in the Catholic Church.

Recent debates over HB 74 and similar proposals in other states have derisively referred to the clergy penitent privilege as a “loophole.” The Associated Press appears to have started this trend with its September 28, 2022, article, “Churches defend clergy loophole in child sex abuse

50 Id.
reporting.”53 This language is reckless and unjustified. First, the clergy penitent privilege—like the attorney client privilege—is a deeply rooted part of our legal system that guards fundamental privacy interests.

Second, despite intense scrutiny over the past twenty years, there is scant evidence that the seal of the confessional contributed to the sexual abuse crisis. The Associated Press article from last fall claimed, “This loophole has resulted in an unknown number of predators being allowed to continue abusing children for years despite having confessed the behavior to religious officials.” That sounds ominous, but the reality is that despite more than a dozen grand jury and attorney general reports, despite three detailed investigations by the John Jay College of Criminal Justice, and annual independent audits commissioned by the USCCB, there is no evidence that the seal of the confessional has been a contributing factor to child abuse.

Before the Delaware General Assembly takes any further steps toward abridging a central practice of the Catholic faith, it should push through the rhetoric and consider the facts on the ground. The Catholic Church’s longstanding practice of guaranteeing that the confessional is a safe place to unburden one’s soul has not been used as a shield to protect sexual predators. The available evidence shows that there is no public need—in Delaware or elsewhere—that would justify violating the free exercise of religion for the Catholic Church and Delaware’s Catholic citizens.

A. The clergy penitent privilege, like the attorney client privilege, guards fundamental privacy interests.

The clergy penitent privilege is deeply rooted in our legal system. It was first recognized in caselaw in the 1813 New York state case of People v. Daniel Phillips, which recognized that it would be unconstitutional for civil government to intrude in a sacrament of the Catholic Church:

It is essential to the free exercise of religion, that its ordinances should be administered, and that its ceremonies as well as its essentials, should be protected. . . . To decide that the minister hall promulgate what he receives in confession, is to declare that there shall be no penance; and this important branch of the Roman Catholic religion would be thus annihilated.

People v. Phillips, 1 W.L.J. 109 (1813).54 In 1875 the United States Supreme Court recognized that the clergy penitent privilege had long been part of the common law tradition:

It may be stated as a general principle, that public policy forbids the maintenance of any suit in a court of justice, the trial for which would inevitably lead to the disclosure of matters which the law itself regards as confidential, and respecting which it will not allow the confidence to be violated. On this principle, suits cannot be maintained which would require a disclosure of the confidences of the confessional. . . .

54 Available at https://books.google.com/books?id=d8ovAQAAMAAJ&pg=PA112&lpg=PA112.
In 1980, the United States Supreme Court affirmed that the clergy penitent privilege serves fundamentally important policy interests:

The privileges between priest and penitent, attorney and client, and physician and patient limit protection to private communications. These privileges are rooted in the imperative need for confidence and trust. The priest-penitent privilege recognizes the human need to disclose to a spiritual counselor, in total and absolute confidence, what are believed to be flawed acts or thoughts and to receive priestly consolation and guidance in return. The lawyer-client privilege rests on the need for the advocate and counselor to know all that relates to the client’s reasons for seeking representation if the professional mission is to be carried out.

*Trammel v. United States*, 445 U.S. 40, 51 (1980) (emphasis added). *Trammel* is especially relevant to the constitutionality of HB 74, discussed in Section V below, because it places the penitential privilege right alongside the attorney-client privilege.

Ten years after *Trammel*, the Third Circuit—the federal appellate court that includes Delaware—undertook an extensive review of state and federal law, as well as treatises and commentaries on the canon law. At the conclusion of this review, the court held “that American common law, viewed in the light of reason and experience . . . compels the recognition of a clergy-communicant privilege.” *In re Grand Jury Investigation*, 918 F.2d 374, 384 (3d Cir. 1990).

Both state and federal decisions have long recognized the privilege. The Supreme Court Rules Committee also recognized the privilege. That is doubtless because the clergy-communicant relationship is so important, indeed so fundamental to the western tradition, that it must be “sedulously fostered.” *Wigmore* at § 2285. Confidence is obviously essential to maintaining the clergy-communicant relationship. Although there are countervailing considerations, we have no doubt that the need for protecting the relationship outweights them.

*Id.* (emphasis added). The court found that the evidence “strongly suggests” that the clergy communicant privilege is, in the words of the Supreme Court ‘indelibly ensconced’ in the American common law. *Id.* at 381 (quoting *United States v. Gillock*, 445 U.S. 360, 368 (1980)). *In re Grand Jury Investigation* remains the touchstone case on the clergy penitent privilege in the Third Circuit.

In light of this history and the caselaw supporting the clergy penitent privilege, it should come to no surprise that no state or federal court in the United States has ever “given approval to the invasion of the Catholic rite of confession by an agency of government.” *Mockaitis v. Harceroad*, 104 F.3d 1522 (9th Cir. 1997). By all accounts, “the inviolability of religious confession to the clergy [is] the law of the land, the expectation of every repentant sinner, and the assured confidence of every minister of God’s grace.” *Id.*
B. There is no evidence that the clergy penitent privilege has contributed to the sexual abuse crisis in the Catholic Church.

This “loophole” rhetoric intimates that the clergy penitent privilege has been abused to protect the Catholic Church’s reputation and to let child predators escape accountability. There is no evidence to support this charge.

First, as noted in Section I, the Catholic Church has made important strides over the past twenty years in addressing child sexual abuse. Leading scholars and investigators point to the Catholic Church as a model of institutional reform. Despite the intense scrutiny the Catholic Church has received since 2002, and despite the financial incentives that make it more lucrative for plaintiffs’ lawyers to develop cases against the Catholic Church than public schools, there is no evidence that the Catholic Church has since the turn of the millennium has more incidents of sexual abuse than other institutions that do not qualify for this so-called “loophole.”

Second, though more than a dozen in-depth grand jury or attorney general reports have been produced since 2002, none have pointed to the sacrament of confession as a contributing factor, let alone a major factor. The John Jay College of Criminal Justice has issued three in-depth studies on the sexual abuse of minors in the Catholic Church; none pointed to the seal of the confessional as a contributing factor. Id. The USCCB’s annual reports, funded by the bishops’ conference but performed by independent auditors, likewise have not found that trying to force priests to divulge confessions would help keep children safe. Id.

The same is true here in Delaware. As noted above, there have not been any allegations that a member of the Catholic clergy in the Diocese of Wilmington has sexually abusing a minor in the last thirty years—since 1992. To put this another way, in the twenty-five years since the General Assembly amended DEL. CODE ANN. tit. 16, § 909(a) in 1997 to place the attorney client privilege and the clergy penitent privilege alongside each other as exceptions to the State’s mandatory reporter law, not only is there no record of the clergy penitent privilege being used by the Catholic Church in Delaware as a “loophole” to protect a sexual abuser, there have been no allegations that any priest in the State has sexually abused a minor during this time frame.

By all accounts, the Catholic Church’s sacrament of confession is not, and has not been used as, a “loophole.” The Delaware General Assembly should look past the rhetoric to the deep and well-established factual record on the sexual abuse crisis before it votes on a law that would infringe on the fundamental rights of Delaware Catholics.

IV. No existing mandatory reporting law directly attacks the Catholic Church’s sacraments as would HB 74.

It is critical that the General Assembly understands how out of step HB 74 is compared to the mandatory reporting laws in the other 49 states. Recent reporting wrongly suggests this isn’t the


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case. The September 2022 AP report claimed that only 33 states’ mandatory reporting laws honor the clergy-penitent privilege.57

If these numbers were right, then the decision before the Judiciary Committee and General Assembly would be pretty low risk: seventeen other states trying to coerce priests into violating penitents’ trust would give the Delaware General Assembly a lot of cover. But the Associated Press’ tally is deeply misleading. As detailed below, only six states’ mandatory reporting statutes override the clergy penitent privilege. The remaining 44 states have concluded that protecting children does not require overriding the privacy of penitential communications. Furthermore, it is not clear that these six states understood that they were passing laws that would infringe on the religious practice of their Catholic (or other religious) citizens.

By all accounts, HB 74 would outstrip all of these laws, as Delaware’s mandatory reporter law would be the only one in the country that explicitly infringes on the clergy penitent privilege while leaving the similar attorney client privilege untouched. This clear preference for a secular confidential confession over a religious confidential confession would showing unprecedented hostility towards the free exercise of religion and would tee the State up for litigation.

A. The Associated Press overstates the number of states that have infringed on the clergy penitent privilege.

How did these reporters get these counts wrong? It is possible to check the AP’s work, as it has provided a list of the 33 states it has in mind.58

First, the AP’s count fails to recognize that all fifty states recognize the clergy penitent privilege,59 just because it isn’t explicitly mentioned in a mandatory reporting law doesn’t mean it does qualify an individual’s legal duty to report abuse. The AP’s report inappropriately excludes four states (Iowa, Kansas, New York, and South Dakota) whose mandatory reporting laws do not mention the state’s privilege law because clergy are not mandatory reporters at all.60

Second, the AP’s count includes two states (Nebraska and Indiana) where specific language in the clergy penitent privilege statute controls the more general language in the reporting statute.

Third, the AP’s count includes Connecticut and New Jersey, where executive branch officials denied that the law required clergy to violate the seal of the confessional, and where subsequent bills aimed at overriding the clergy penitent privilege failed.


60 The District of Columbia, though not a state, has a similar mandatory reporter law.
Fourth, the AP’s count includes New Hampshire and Mississippi, where state court decisions confirmed that the mandatory reporter law does not supersede the clergy penitent privilege.

Finally, the AP simply gets Hawaii’s law wrong. Hawaii amended its mandatory reporter law in 2020, adding a new paragraph that makes clergy mandatory reporters except with respect to information “gained solely during a penitential communication”:

Members of the clergy or custodians of records therefor; provided that a member of the clergy shall not be required to report information gained solely during a penitential communication. When a clergy member receives reportable information from any other source, the clergy member shall comply with the reporting requirements of this section, regardless of whether the clergy member received the same information during a penitential communication. For purposes of this paragraph, “penitential communication” means a communication, including a sacramental confession, that is intended to be kept confidential and is made to a member of the clergy who, in the course of the discipline or practice of the applicable religious organization, is authorized or accustomed to hear those communications, and under the discipline, tenets, customs, or practices of the applicable religious organization, has a duty to keep those communications secret.


Hawaii, like Delaware, has a dominant Democratic majority in both houses of its legislature. But Hawaii’s 2020 additions look a lot like Delaware’s current mandatory reporter law; it does not, as would HB 74, override the clergy penitent privilege. Hawaii’s example provides yet another reason for Delaware to rethink HB 74.

All told, a careful survey shows that number of states whose mandatory reporter laws respect the clergy penitent privilege is not 33, as the Associated Press claims, but 44.

**B. Of the six states whose mandatory reporter laws displace the clergy penitent privilege, none is as radical as Delaware’s HB 74.**

The Associated Press’ reporting make it seem like it would be easy and safe for a state to pass a bill like HB 74, as the article suggests that 17 other states already have similar laws. But that just is not the case. There are only six states whose mandatory reporting laws, though untested in court, appear to override the state’s clergy penitent privilege laws: Oklahoma, North Carolina, Rhode Island, Tennessee, Texas, and West Virginia.

Even then, a close look at these laws shows that none is as radical as HB 74 would be. Only one other state—Texas—has explicitly abrogated the clergy penitent privilege. The other states abrogate a broad range of privileges without naming them, and most do not even name clergy as mandated reporters. These factors make it seem unlikely that these states thought through the religious liberty issues involved. And the Texas law, critically, abrogates all privileges, whereas Delaware’s HB 74

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62 Since 2011, Hawaii’s governor has been a Democrat and the party has controlled both houses of its legislature. Ballotpedia, Party Control of Hawaii State Government, https://ballotpedia.org/Party_control_of_Hawaii_state_government.
would leave the attorney-client privilege intact. This distinction is important to our legal analysis in Section V, which concludes that HB 74 would not survive a constitutional challenge.

**Oklahoma**’s mandatory reporter law is the most general of any of these six states. It does not name any professions as mandatory reporters, but states that “[e]very person having reason to believe that a child under the age of eighteen (18) years is a victim of abuse or neglect shall report the matter promptly.” Okla. Stat. Ann. Tit. 10A, § 1-2-101(B)(1). Likewise, Oklahoma’s mandatory reporter law does not explicitly abrogate the penitential privilege; the law states broadly that “[n]othing contained in this section shall be construed to exempt or prohibit any person from reporting any suspected child abuse or neglect.” Id. § 1-2-101(B)(3). These broad provisions would abrogate both the clergy penitent privilege and the attorney-client privilege. There is no evidence that the Oklahoma legislature thought through the broad implications of this law.

**Rhode Island**’s, **North Carolina**’s, and **Tennessee**’s laws are similar. As with Oklahoma, clergy are not named in the law but are rather mandatory reporters by virtue of broad, catch-all provisions. Likewise, these states did not explicitly override their general clergy-penitent privilege, but rather said that the obligation to report abuse or neglect overrides all privileges except the attorney-client privilege. Again, these statutes are not as problematic and their interpretation less certain because it is not clear that the legislature understood that they were overriding the privacy of the confessional.

**West Virginia** names clergy as mandatory reporters. But, as with the states above, its mandatory reporter law does specifically override the clergy penitent privilege, but only through a general

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63 Rhode Island requires “[a]ny person who has reasonable cause to know or suspect” child abuse to make a report. R.I. Gen. Laws § 40-11-3(a). Rhode Island’s mandatory reporter law again does not address the penitential privilege but states broadly:

The privileged quality of communication between husband and wife and any professional person and his or her patient or client, except that between attorney and client, is hereby abrogated in situations involving known or suspected child abuse or neglect and shall not constitute grounds for failure to report as required by this chapter…. Id. § 40-11-11.

64 North Carolina makes “[a]ny person or institution” a mandatory reporter where the person or institution has cause to suspect child abuse. N.C. Gen. Stat. § 7B-301. Neither does the law address the penitential privilege:

No privilege shall be grounds for any person or institution failing to report that a juvenile may have been abused, neglected, or dependent, even if the knowledge or suspicion is acquired in an official professional capacity, except when the knowledge or suspicion is gained by an attorney from that attorney’s client during representation only in the abuse, neglect, or dependency case. Id. § 7B-310.

65 Tennessee’s mandatory reporter law provides a non-exclusive list of mandatory reporters that does not include clergy; clergy are mandatory reporters only under the statute’s catch-all “any other person” language. Tenn. Code. Ann. § 37-1-605(a). This law does not specifically speak to the penitential privilege but rather says:

The privileged quality of communication between husband and wife and between any professional person and the professional person’s patient or client, and any other privileged communication, except that between attorney and client, . . . shall not constitute grounds for failure to report as required by this part. Id. § 37-1-614.

66 West Virginia names clergy as mandatory reporters, W. Va. § 49-2-803(a), but does not explicitly abrogate the penitential privilege. It merely says, “

The privileged quality of communications between husband and wife and between any professional person and his or her patient or his or her client, except that between attorney and client, is hereby abrogated in situations involving suspected or known child abuse or neglect. Id. § 49-2-811.
provision that abrogates all privileges except the attorney client privilege. So, again, neither the text of the law nor any other evidence I have found indicates that the legislature understood that it was passing a law that could make it illegal for clergy to honor their religious vows.

Finally, Texas’ mandatory reporting law follows several of the states above by stating generally that anyone “having cause to believe” child abuse has taken place must make a report. Tex. Fam. Code Ann. § 261-101(a). But the part of the law that deals with privileges is explicit: Texas is the only state whose mandatory reporter law explicitly abrogates the penitential privilege. However, this provision is similar to Oklahoma law in that it applies equally to all privileges, including the attorney client privilege. Texas law states:

The requirement to report under this section applies without exception to an individual whose personal communications may otherwise be privileged, including an attorney, a member of the clergy, a medical practitioner, a social worker, a mental health professional, an employee or member of a board that licenses or certifies a professional, and an employee of a clinic or health care facility that provides reproductive services.

Id. § 261-101(c).

Delaware’s HB 74 borrows in different ways from each of these laws:

- Like Tennessee and West Virginia, HB 74 lists professions that are mandatory reporters.
- Like Tennessee and West Virginia, HB 74 lists clergy as a mandatory reporter.
- Like Texas, HB 74 explicitly abrogates the penitential privilege.
- Finally, like Rhode Island, North Carolina, Tennessee, and West Virginia, HB 74 preserves the attorney-client privilege.

But only HB 74 has all four of these characteristics:

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<th>Lists some professions as mandatory reporters</th>
<th>Clergy named as mandatory reporters</th>
<th>Penitential privilege explicitly revoked</th>
<th>Attorney-client privilege still honored</th>
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<td>Oklahoma</td>
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<td>Delaware HB 74</td>
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This comparison shows that HB 74 is unlike any existing law in that it would knowingly and explicitly require Catholic priests to break the seal of the confessional, while at the same time maintaining the right to certain secular confidential communications.
This comparison yields several insights that may help explain why it appears that the six laws outlined above have not been met with a legal challenge, though I am confident that lawsuits would be brought against HB 74, were it to be passed into law without further amendment.

First, the text of these laws gives no indication that they were passed with any intention to infringe on the religious exercise of the Catholic Church and on Catholic citizens (and other religious traditions). As noted above, four of the six (Oklahoma, Tennessee, Rhode Island, North Carolina) never mention clergy at all. Second, based on my research, it appears that all six laws were passed without significant discussion or controversy over their impact on religious liberty. According to the Associated Press’ report, each of these laws was passed long before the abuse crisis in the Catholic Church broke as a new story in 2002: “of more than 130 bills introduced since 1987 to amend child sex abuse reporting laws, none of them succeeded in closing the clergy loophole.”

Third, it does not appear that any of these six states have drawn attention to their laws against the penitential privilege by trying to enforce them. I am not aware of any effort to enforce any of these laws against a Catholic priest. Had there been any such efforts, it is a near certainty that Catholic priests would have refused to break their vow and that the Catholic Church would have mounted a significant campaign, including legal challenges, to defend its priests and its sacraments.

V. A mandatory reporting law that eliminates the clergy penitent privilege would likely be found unconstitutional.

Finally, members of the House Committee on the Judiciary and the Delaware General Assembly should be aware that a bill like HB 74, which would make it illegal for Catholic priests to maintain the seal of the confessional, would be an obvious target for litigation. Catholic citizens, Catholic priests, and Catholic dioceses would all have strong arguments that the law violates their rights under the First Amendment free exercise clause and the Fourteenth Amendment due process clause.

In 2019, former California State Senator Jerry Hill sponsored SB 360, a bill that like HB 74 would have revoked the clergy penitent privilege for purposes of California’s mandatory reporter law. The bill passed a Senate floor vote 30-4 in May 2019 and looked like it was well on its way to becoming law. But shortly thereafter, Catholic entities in California submitted a memorandum to the State Legislature making many of the arguments set out here, including the following legal arguments. Those arguments made their way into the California Assembly Committee on Public Safety’s July 8, 2019, Bill Analysis.

The very next day, on June 9, Senator Hill realized his bill had lost support and pulled it bill from a scheduled hearing. Senator Hill told the Associated Press that the “opposition of the Catholic

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Church was instrumental,” and emphasized that the “Catholic Church made it clear that it would sue if the bill passed.”

The General Assembly should, like its corollary in California, consider the legal consequences of passing a bill that would constitute an unprecedented attack on a central aspect of a sacrament in the Catholic faith.

The certainty of litigation and the likelihood that Delaware would lose a constitutional challenge should also be reflected in any fiscal information developed relevant to HB 74. For the reasons set out above, it is highly unlikely that the State would incur additional costs associated with additional reports of child abuse. Catholic priests are already mandatory reporters and can ask to speak after confession with any victims. And it is naïve to think that HB 74 would succeed in forcing priests to violate the seal of the confessional. By contrast, however, it is nearly certain that passing HB 74 would lead to litigation, and the expenses that would come from having to defend this law in Court. The State should also account that, under 42 U.S.C. § 1988(b), Delaware would also have to pay the prevailing plaintiff’s reasonable attorneys’ fees.

For the reasons set out below, together with the comparative analysis in Section IV above, there are strong arguments that Delaware’s HB 74 is not only constitutionally infirm, it is *uniquely* infirm compared to those few state laws, discussed above, that have abrogated the penitential privilege for purposes of a mandatory reporting law. First, HB 74 offends the Free Exercise Clause, even under *Employment Division v. Smith*. Second, there is a strong argument that the bill infringes on a fundamental liberty in violation of the Fourteenth Amendment’s substantive due process protections.

A. **HB 74 violates the First Amendment’s Free Exercise Clause.**

The strongest constitutional argument against HB 74 as written is that enforcing HB 74 would violate the rights of a Delaware Catholic under the First Amendment to the United States Constitution to freely practice his or her faith. A Catholic priest or the Diocese of Wilmington would have similar arguments that the law puts pressure on them to violate their religious obligations under the Catholic Church’s canon law.

1. **HB 74 is neither neutral nor generally applicable.**

The starting point for analyzing whether HB 74 violates the Free Exercise Clause is *Employment Division v. Smith*, 494 U.S. 872 (1990), which held “that the right of free exercise does not relieve an individual of the obligation to comply with a ‘valid and neutral law of general applicability on the ground that the law proscribes (or prescribes) conduct that his religion prescribes (or proscribes).’” *Id.* at 979.

Since the Supreme Court decided *Smith* in 1990, federal and state courts have continued to strike down laws under the Free Exercise Clause that fall outside *Smith*’s general rule because they are not

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neutral and generally applicable. Such laws are still subject to strict scrutiny, the most stringent standard of judicial review used by United States courts.

For example, in *Church of the Lukumi Babalu Aye, Inc. v. Hialeah*, the Supreme Court struck down three ordinances banning animal sacrifice, unanimously concluding that the ordinances fell “well below the minimum standard necessary to protect First Amendment rights.” 508 U.S. 520, 543 (1993). The ordinances were not “neutral” or “generally applicable” because they burdened “Santeria adherents but almost no others”; they “proscribed more religious conduct than was necessary to achieve their stated ends”; and they exempted other “animal deaths or kills” that undermined the government’s interests “in a similar or greater degree than Santeria sacrifice does.” *Id.* at 536-38, 543.

Following *Lukumi*, the Third, 71 Sixth, 72 and Eleventh 73 Circuits and the Iowa Supreme Court 74 have held that a law is not generally applicable when it exempts nonreligious conduct that undermines the government’s interests “in a similar or greater degree than [religious conduct] does.” 508 U.S. at 543-44.

Under the rule established by these courts, it is not difficult to see why HB 74 would likewise be subject to strict scrutiny. First, the Supreme Court has said that “the minimum requirement of neutrality is that a law not discriminate on its face.” *Id.* at 533. HB 74 is the rare piece of legislation that discriminates on its face against religiously motivated conduct. The sole purpose of the substitute version of the bill would be to overrule Delaware’s clergy penitent privilege, while leaving the attorney client privilege untouched. This is a clearer case of facial discrimination than even *Lukumi* itself.

But even if HB 74 were facially neutral, the Supreme Court has held that the Free Exercise Clause also “forbids subtle departures from neutrality,” and “covert suppression of particular religious beliefs.” *Id.* at 534 (citations omitted). “The Free Exercise Clause protects against governmental

71 Fraternal Order of Police Newark Lodge No. 12 v. City of Newark, 170 F.3d 359 (3d Cir. 1999) (Alito, J.) (Striking down police department grooming policy that made an exception for beards grown for medical reasons, but not for religious reasons. Court found that the policy expressed “a value judgment that secular (i.e., medical) motivations for wearing a beard are important enough to overcome [the government’s] general interest in uniformity but that religious motivations are not.”). *See also* Blackhawk v. Pennsylvania, 381 F.3d 202, 211 (3d Cir. 2004) (Alito, J.) (wildlife permitting fee was not generally applicable where it exempted zoos and circuses, but not Native Americans).

72 Ward v. Polite, 667 F.3d 727 (6th Cir. 2012) (Striking down state university policy that permitted graduate counselling students to make client referrals for secular reasons but not for religious reasons. Court held that this “exemption-ridden policy” was “the antithesis of a neutral and generally applicable policy and just the kind of state action that must run the gauntlet of strict scrutiny.”).

73 Midrash Sephardi, Inc. v. Town of Surfside, 366 F.3d 1214, 1234-35 (11th Cir. 2004) (Striking down zoning ordinance that contained an exemption for nonprofit clubs and lodges, but not for houses of worship. Court held that the ordinance “violates the principles of neutrality and general applicability because private clubs and lodges endanger [the town’s] interest in retail synergy as much or more than churches and synagogues.”).

74 Mitchell County v. Zimmerman, 810 N.W.2d 1 (Iowa 2012) (Striking down ordinance against tires with steel protrusions because it made exceptions for school busses and tire chains but not for local Mennonites, who were required by their faith to use only steel wheels.).
hostility, which is masked, as well as overt. “The Court must survey meticulously the circumstances of governmental categories to eliminate, as it were, religious gerrymanders.” Id.

HB 74 is a “religious gerrymander,” as it makes it illegal for priests to maintain the confidentially required in their profession while authorizing lawyers to maintain the confidentiality required in their profession. As shown above, no other mandatory reporting law so clearly favors secular confidential communications over religious confidential communications as does HB 74. Just as with other laws that courts have found unconstitutional under the Free Exercise Clause, HB 74 favors secular conduct over comparable religious conduct.

Under Supreme Court precedent, HB 74 is not neutral and generally applicable because it would allow someone to seek confidential legal advice related to child abuse but deny them the opportunity to do not allow them to seek confidential spiritual counsel about the same issue. As such, HB 74 reflects “a value judgment that secular [ ] motivations for [maintaining a professional vow of confidentiality] are important enough to overcome [the government’s] general interest in [stopping child abuse] but that religious motivations are not.” Fraternal Order of Police, 170 F.3d at 366. SB. By placing a higher value on secular confidential communications than religious confidential communications, HB 74 places itself outside the general rule established by Employment Division v. Smith and would be subject to strict scrutiny under the Free Exercise Clause.

2. HB 74 does not advance Delaware’s interests through the least restrictive means.

Once a plaintiff demonstrates that a law is not neutral or generally applicable, he must show that the law substantially burdens his religious exercise. There is no doubt that a law that requires a Catholic priest to choose between criminal penalties and excommunication meets this threshold.

At this point, the burden would shift back to Delaware, which would have to show that HB 74 passes strict scrutiny, the most difficult test available in constitutional jurisprudence. This test would require Delaware to first show that the law advances a compelling governmental interest, and second that it could not advance this interest through any means that are less restrictive of religious exercise.

Delaware would have little trouble establishing that preventing and punishing child sexual abuse is a compelling government interest. However, as the Supreme Court has said repeatedly, it is not enough for a state to raise an interest that is compelling in the abstract; it must explain how it has a compelling interest in advancing that interest in the specific context raised by religious plaintiffs. For example, in Fulton v. City of Philadelphia, the Court held that the key question “is not whether the City has a compelling interest in enforcing its non-discrimination policies generally, but whether it has such an interest in denying an exception to [Catholic Social Services].”75 As Justice Neil Gorsuch wrote in another case, Fulton explains that “strict scrutiny demands a more precise analysis”: a

75 141 S. Ct. 1868, 1871 (2021).
government’s “general interest” is not compelling “without reference to the specific application of those rules to [the specific party].”

Even if Delaware could establish a compelling government interest, it would still have to satisfy the “exceptionally demanding” least-restrictive-means test. *Holt v. Hobbs*, 135 S. Ct. 853, 858 (2015) (citation omitted). HB 74 likely fails this test in two separate ways.

One way to show that a policy is not the least restrictive means of pursuing a government interest is to show that the challenged policy is underinclusive because “[t]he proffered objectives are not pursued with respect to analogous nonreligious conduct.” *Holt*, 135 S. Ct. at 866 (quoting *Lukumi*, 508 U.S. at 546). In *Lukumi*, the City of Hialeah claimed that it had forbidden animal sacrifice out of public sanitation concerns. The Supreme Court said this argument failed strict scrutiny because the city was not vigorously pursuing that interest in comparable secular situations—such as hunters dressing game in their yards. Likewise, in *Holt v. Hobbs*, the Arkansas Department of Corrections claimed its ban on religious beards was necessary to maintain prison security, but the Court found the policy underinclusive because Arkansas allowed beards for medical reasons. In the same way, HB 74 is underinclusive because though it forbids priests from maintaining confidences, it allows lawyers to do the same.

A second way to show that a policy is not the least restrictive means of pursuing a government policy is to show that a vast majority of states have advanced the same compelling interest without infringing on religious exercise. In *Holt v. Hobbes*, the Supreme Court found that Arkansas’ prison grooming policy failed strict scrutiny because the state “failed to show . . . why the vast majority of States and the Federal Government permit inmates to grow ½ inch beards, either for any reason or for religious reasons, but it cannot.” *Holt*, 135 S. Ct. at 866. “That so many other prisons allow inmates to grow beards while ensuring prison safety and security suggests that the Department could satisfy its security concerns through a means less restrictive than denying petitioner the [religious] exemption he seeks.” *Id.*

Here, if Delaware passes HB 74, it would be in the same position as Arkansas was in *Holt v. Hobbes*: Delaware would be pressed to explain why over forty states have concluded that they can balance fighting child abuse with respect for religious exercise, but it cannot. Given that the State has presented no evidence that the clergy penitent privilege has stopped civil authorities from learning about child abuse, and given that there have no allegations that a Catholic priest in Delaware has sexually abused any child in over thirty years, there is no conceivable way that Delaware will be able to carry its burden under strict scrutiny.

In short, HB 74 would put Delaware in the extremely difficult situation where it would be subject to strict scrutiny, forced to explain simultaneously why its child abuse situation is *more dire* than the more than forty states that respect the confessional, *yet not so serious* that it has not followed Oklahoma and Texas in also requiring attorneys to violate their professional vows.

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For all these reasons, passing HB 74 would quickly result in a civil rights lawsuit that the State
would lose.

B. HB 74 violates a fundamental right protected by the Fourteenth Amendment’s Due
Process Clause.

A religious plaintiff would also have a strong argument that HB 74 violates the Fourteenth
Amendment’s Due Process Clause. The Due Process Clause guarantees more than fair process; it
also provides heightened protection against government interference with certain fundamental
omitted).

The substantive due process analysis has two primary features. First, in order to warrant this
heightened protection, a right or interest must be objectively “deeply rooted in this Nation’s history
and tradition.” It must be “implicit in the concept of ordered liberty” such that “neither liberty nor
justice would exist if [it was] sacrificed.” Id. (quoting Moore v. City of East Cleveland, 431 U.S. 494
(1977) and Palko v. Connecticut, 302 U.S. 319 (1937)).

Second, the fundamental liberty interest at stake must also be subject to a “careful description.” Id. at
721 (citing Reno v. Flores, 507 U.S. 292, 302 (1993)). The “crucial guideposts for responsible decision-
making” in evaluating the existence of a fundamental right are the nation’s “history, legal traditions,
and practices.” Id. (internal quotations and citations omitted). The question is whether the right is
“so rooted in the traditions and conscience of our people as to be ranked as fundamental.” Id.
(quoting Snyder v. Comm., 291 U.S. 97, 105 (1934)). If so, the right may not be infringed “at all, no
matter what process is provided, unless the infringement is narrowly tailored to serve a compelling
state interest.” Id. (quoting Flores, 507 U.S. at 302). In short, if a right is deemed fundamental, any law
infringing that right must pass strict scrutiny.

No court to my knowledge has been asked to find that a priest’s right to maintain the seal of the
confessional is protected by the Due Process Clause. This is not surprising, however, as I am not
aware of any instance where any governmental entity in the United States has dared to punish a
Catholic priest for maintaining the confidentiality required by his faith.77

77 There was a Louisiana case where a private litigant tried to force a Catholic priest to testify about what he heard during a
confession. In Parents of Minor Child v. Charlet, the parents of a child sexual abuse victim alleged that their daughter had told
a Catholic priest in the confessional that she had been sexually abused, and that the priest was required to report this
information under Louisiana’s mandatory reporter law. 135 So.3d. 1177, 1178-79 (La. 2014). The Louisiana Supreme Court
held that the trial court could admit the girl’s testimony about her sacramental confessions with the defendant priest and
also instructed the trial court to decide whether the priest was correct that the girl’s statements took place in the context of a
true sacramental confession. Id. at 1181.

On remand, the trial court held that insofar as Louisiana’s mandatory reporter law required him to testify as to
conversations that took place in the confessional, the law was unconstitutional because it violated the priest’s right to free
exercise of religion under the Louisiana Constitution. Mayeux v. Charlet, 203 So.3d 1030, 1034 (La. 2016) (quoting lower court
decision). The Louisiana Supreme Court reversed because it avoided the constitutional issue by interpreting the underlying statute
differently. As interpreted by the Supreme Court, a priest was not required to report on conversations within the
confessional. The court’s interpretation rendered the lower court’s constitutional ruling unnecessary but did not dispute the
court’s finding that it was unconstitutional to require a priest to violate the seal of the confessional.
Were Delaware to pass HB 74 into law without amendment and were the State or a private party to attempt to enforce it against a Catholic priest, a court would likely be asked to decide whether the Catholic Church’s right to offer its sacraments, a Catholic priest’s right to maintain a sinner’s privacy as required by canon law, or a Catholic penitent’s right to receive the sacrament of confession is a right “so rooted in the traditions and conscience of our people as to be ranked as fundamental.”

Based on the above, there is a strong argument that the clergy penitent privilege is among the fundamental rights and liberties protected by the United States Constitution under the Due Process Clause. It would have been unconstitutional if the United States had banned alcohol without making a provision for communion wine. It would similarly be unconstitutional for Delaware to amend its mandatory reporting law by eliminating the law’s provision for the penitential privilege. Whether this right is couched as a right of the Catholic Church, a Catholic priest, or an adherent to the Catholic faith, the right to offer and receive the sacrament of reconciliation without government interference is “objectively, ‘deeply rooted in this Nation’s history and tradition,’ and ‘implicit in the concept of ordered liberty,’ such that ‘neither liberty nor justice would exist if they were sacrificed.’” Glucksberg, 521 U.S. at 720–21 (citations omitted).

This Fourteenth Amendment substantive due process argument gives plaintiffs a second way to get to strict scrutiny against HB 74. If a court finds that the right to offer and receive the sacrament of reconciliation passes the Glucksberg test, the State would then have to argue that HB 74 passes strict scrutiny. For the reasons stated above, there are strong arguments that this bill would fail strict scrutiny because the overwhelming majority of states have concluded that advancing their interest in protecting children from neglect and abuse does not require a state to interfere with a religious sacrament.

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78 See, e.g., William A. Galston, Why the Ministerial Exception Is Consistent with Smith—and Why It Makes Sense, 53 San Diego L. Rev. 147, 149 (2016) (“Suppose the Volstead Act, which implemented the Prohibition amendment, had not contained an exemption for sacramental wine. Would enforcing that act against core rituals of Catholics and Jews have been consistent with the Free Exercise Clause? I think not—indeed, obviously not.”).